

Recreation and Parks

Newsletter

Positive Changes in 2009

Recreation and Parks merge in 2009! Welcome to the first NEW edition of the Recreation and Parks Newsletter. In this and upcoming issues you will be kept up to date with what is going on in Dryden’s Recreation and Parks department. In this issue you will read what additions have been made around Dryden to benefit your leisure activities. Stay tuned for more updates in the coming issues of the Recreation and Parks Newsletter. Please call our main office at 223-1425 if you have any questions. Happy Fall!

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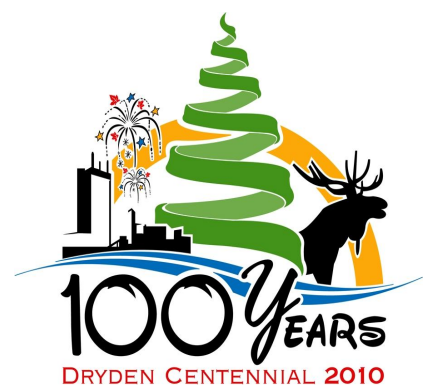


New Playground Equipment installed at Plumridge Park!

Parks

Parks staff kept busy through the season with a number of projects. These included:

- ◆ Placement of additional Dryden Benches painted by local artists
- ◆ Installation of Dog Comfort stations
- ◆ Posting of Bearwise signs in numerous park areas
- ◆ Beautification of Duke Street Dock flower beds
- ◆ Placement and watering of over 60 Communities in Bloom planters
- ◆ Installation of new playground equipment at Plumridge Park



Programming

Arena Walking

Arena Walking continues at the Recreation Complex. Come down between 8:30 a.m. and 4:00 p.m., Monday - Friday and walk around Arena #1. Walking may be cancelled due to special events. Call 223-1425 to confirm.

TIP: 10 laps = 1 mile
6 laps = 1 km



Dryden Youth Centre

Located at Dryden High School

Hours of Operation:

Thursday & Friday

6:00 pm - 10:00 p.m.

Saturday 12:00 p.m. - 8:00 p.m.

All YOUTH aged 12-18 are welcome to attend and hang out in the small gym, computer lab, student square and kitchen.

Dog Comfort Stations

Dog poop pick-up bags are now located at numerous locations around Dryden. When out for a walk with your fuzzy loved one make sure to pick one up and use it along the way.

Locations include:

- ◆ Nature in the City Trail
- ◆ Urban Trail
- ◆ Trans Canada Hwy in front of the Government Building
- ◆ Cooper Park
- ◆ Laura Howe Marsh Van Horne entrance
- ◆ Pronger Park
- ◆ Sandy Beach Park
- ◆ Milanese Lake Trail/Sandy Beach Road entrance

Drop-In Programs and Times

Parent and Tot

Mon. - Fri. 9:30 a.m. - 10:30 a.m.

Pay and Play

Mon. - Fri. 1:00 p.m. - 2:30 p.m.

Public Skating

Sunday 1:30 p.m. - 3:30 p.m.

Subject to Change

Guitar Lessons

with Kori Kameda

begin Monday, October 5th

Space still available

Call Andi at 223-1426 for more information



Monthly programs & events are planned by staff and youth including: sports tournaments, crafts, movies, video game & cooking nights, visits to the Dryden Public Library and the Dryden Recreation Complex. Special events include: bowling, Lazer Tag, dances, horseback riding, geocaching and upcoming *Halloween* themed events.

For more info call 223-1426

Dryden 2010 Centennial

Dryden is turning 100!

Dryden's Homecoming week is July 30 - August 8, 2010

"Come on Home" to a week filled with fun and excitement for all ages.

For more information visit:
www.dryden2010.com
or call Val at 223-1425

Pool & Fitness Centre

The Pool & Fitness Centre - Where active people meet!

A big welcome back for the 2009-2010 Season to all our patrons! The time has come to move inside, use our amazing equipment and take advantage of the many programs the Dryden Pool & Fitness Centre offers. Cross-Training is the proven road to success, which means that patrons are encouraged to “move around” within our facility and take advantage of the various training opportunities. If you have given preference to dry land, plan to use the “Liquid Weight Room”, our pool, a couple of times a week.



If you have exercised exclusively in the pool, venture out into the Cardio or Weight Room or participate in one of our Group Land Fitness Classes. Play in the Courts! Variety keeps you interested and motivated and we love to have you back! - Schedules for all activities are available at the Pool Desk and on our website www.dryden.ca and we are always happy to answer your questions!

Boats and Helicopters in the Pool

The pool can be used for much more than just swimming which will be shown in some of the unique programs we will accommodate over the next few months. Skills Canada is a not-for-profit organization that promotes career opportunities in the skilled trades and technologies. On Nov. 6, Cardboard Boat Races will allow Dryden students to test their math and technology skills in a fun and interactive environment. They are asked to build boats and then test them. Engineering at its best right here in our Pool!

(continued...)

Tots are making a Splash!

We like to think that it is never too late to learn how to swim and get comfortable in the wet element. There now seems to be an increasing number of parents, who think that it is never too early either! Our Preschool Swim Program is experiencing great success and all current classes are full to capacity. Tots bring great action into our facility, while parents get a chance to spend some quality time with their little ones in a fun learning environment. Combine all that with a great opportunity to socialize with people who are “in the same boat” and we have a recipe for success. Your child is ready for all that when he/she is able to hold up his/her head.

Check out the Swimming Lesson Schedule for dates and times!

Pool and Fitness Centre Hours

Monday - Friday

6:00 a.m. - 9:00 p.m.

Saturday & Sunday

8:00 a.m. - 8:00 p.m.

For more info call 807-223-1430



(Boats and Helicopters continued)

To ensure that helicopter pilots know what to do to save their lives in case they ever have to land in water, Canadian Helicopters out of Quebec offers annual Underwater Escape Training sessions for helicopter pilots. To simulate such serious situations, a helicopter cabin will be assembled, lowered into the pool and turned upside down with its crew members onboard. To watch them struggle against the clock with seat belts and doors, finally escape and find a safe place in the rescue boat is quite exciting and will happen right here in our pool on Nov. 9.

OCTOBER 2009 SCHEDULE

October 2 - Ice Dogs Game 7:30 p.m.
October 3 - Ice Dogs Game 7:30 p.m.
October 7 - Ice Dogs Game 7:30 p.m.
October 12 - FACILITY CLOSED - THANKSGIVING
October 17 - Ice Dogs Game 7:30 p.m.
October 21 - Ice Dogs Game 7:30 p.m.
October 29 - October 31 - DHS Boys Hockey
Tournament

DECEMBER 2009 SCHEDULE

December 4 - Ice Dogs 7:30 p.m.
December 4 - 6 - DMHA Bantam "A" Tournament
December 5 - DHS Girls 6:30 p.m.
December 5 - Ice Dogs 7:30 p.m.
December 9 - Customer Appreciation Christmas Tea
**December 9 - 23 - Admission Passes Stocking Stuffer
Sale**
December 9 - Ice Dogs 7:30 p.m.
December 10 - DHS Girls 6:00 p.m.
December 11 - 13 - Dolphins Swim Meet
December 11 - 13 - DMHA Atom "A" Tournament
December 15 - DHS Girls 6:00 p.m.
December 18 - 20 - Ladies Hockey Tournament
December 18 - Ice Dogs 7:30 p.m.
December 19 - Ice Dogs 7:30 p.m.
December 24 - 26 - FACILITY CLOSED
December 27 - 28 - Alumni Tournament
December 31 - January 1/10 - FACILITY CLOSED

Recreation and Parks Department Office

84 Whyte Avenue

Dryden, Ontario P8N 1Z5

Phone: 807.223.1425 Fax: 807.223.6989

Open: Monday - Friday 8:30 a.m. - 4:30 p.m.

Pool & Fitness Centre

Phone: 807.223.1430

NOVEMBER 2009 SCHEDULE

November 2 - Start of Session 2 Swim Kids Lessons &
Fitness Classes
November 6 - Skills Canada Cardboard Boat Races in the
Pool
November 7 - Tim Horton's Coaching Clinic 1:00 - 4:00 pm
November 7 - Ice Dogs Game 7:30 p.m.
November 8 - Ice Dogs Game 1:30 p.m. (afternoon game)
November 9 - Canadian Helicopters - Underwater Escape
Training
November 10 - Ice Dogs Game 7:30 p.m.
November 11 - FACILITY CLOSED - REMEMBRANCE DAY
November 13 - 15 - DMHA Atom-Pee wee-Bantam "AA"
Hockey Tournament.
November 17 - DHS Girls Hockey 6:00 p.m.
November 18 - Ice Dogs Game 7:30 p.m.
November 21 - Ice Dogs Game 7:30 p.m.
November 22 - Ice Dogs Game 1:30 p.m. (afternoon game)
November 24 - DHS Boys 6:00 pm & DHS Girls 6:30 p.m.
November 27 - 28 - DHS Girls Hockey Tournament



QUESTIONS & ANSWERS

Q. Why are the lights turned off in Pronger Arena #2 during the day?

A. As we try to become more "eco" friendly we have chosen to keep the lights off during the day when the arena is not in use. We have scheduled all in-house programs in Arena #1 during the weekdays to assist in these cost saving opportunities.