

# Pool Schedule

Effective Feb. 22nd, 2021

## Monday

6:30 - 8:30 AM  
Lap/Therapy Swim

9:00 - 9:45 AM  
Waterfit

10:30 - 11:30 AM  
Swimming Lessons

12:00 - 1:00 PM  
Laps/Therapy Swim

4:00 - 5:30 PM  
Swimming Lessons

7:30 - 8:30 PM  
Laps/Therapy Swim

## Tuesday

6:30 - 8:30 AM  
Lap/Therapy Swim

9:00 - 9:45 AM  
Waterfit

10:30 - 11:30 AM  
Family/Adult Swim

12:00 - 1:00 PM  
Laps/Therapy Swim

4:00 - 5:30 PM  
Swimming Lessons

7:30 - 8:30 PM  
Laps/Therapy Swim

## Wednesday

6:30 - 8:30 AM  
Lap/Therapy Swim

9:00 - 9:45 AM  
Waterfit

10:30 - 11:30 AM  
Family/Adult Swim

12:00 - 1:00 PM  
Laps/Therapy Swim

4:00 - 5:30 PM  
Swimming Lessons

7:30 - 8:30 PM  
Laps/Therapy Swim

## Thursday

6:30 - 8:30 AM  
Lap/Therapy Swim

9:00 - 9:45 AM  
Waterfit

10:30 - 11:30 AM  
Family/Adult Swim

12:00 - 1:00 PM  
Laps/Therapy Swim

4:00 - 5:30 PM  
Swimming Lessons

7:30 - 8:30 PM  
Laps/Therapy Swim

## Friday

6:30 - 8:30 AM  
Lap/Therapy Swim

9:00 - 9:45 AM  
Waterfit

10:30 - 11:30 AM  
Family/Adult Swim

12:00 - 1:00 PM  
Laps/Therapy Swim

4:00 - 6:30 PM  
Swimming Lessons

7:00 - 8:30 PM  
Fun Swim

## Saturday

8:00 - 9:00 AM  
Lap/Therapy Swim

9:30 - 10:30 AM  
Family Swim

11:00 - 12:30 PM  
Fun Swim

## Sunday

10:00 - 11:00 AM  
Lap/Therapy Swim

11:30 - 12:30 PM  
Family Swim

1:00 - 2:30 PM  
Fun Swim

## Return to Pool Activities Protocols

- ▶ Due to our limited capacity, we are taking bookings for appointments. Appointments are 1 hour. Drop-in visits are welcome, but spots will be provided to those that booked first.
- ▶ Upon arrival, sanitize and check-in at the desk for screening.
- ▶ Arrive in your bathing suit and showered.
- ▶ Masks must be worn in the facility. Masks can be removed prior to entering the pool but must be put back on once you exit the pool
- ▶ Change rooms are only available if needed. Due to limited numbers that can be in the change room at once, we ask that patrons avoid the use of showers (if possible) and limit their time spent in the change rooms. Change rooms are only accessible from the pool deck.
- ▶ Upon arrival to the pool deck, patrons are to place their items in one of the available bins for the duration of their swim.
- ▶ Equipment provided is limited. Please bring your own items if you are able to.
- ▶ We ask that all patrons follow physical distancing guidelines throughout the facility at all times.
- ▶ The steam room remains closed until further notice.
- ▶ Please arrive no earlier than 5 minutes prior to your scheduled swim.



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